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Scientific umbrella organisation

Aiming to improve digestive health

Uniting 30,000 specialists from every field
In digestive health



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Alcohol and digestive diseases: Why actions are needed?

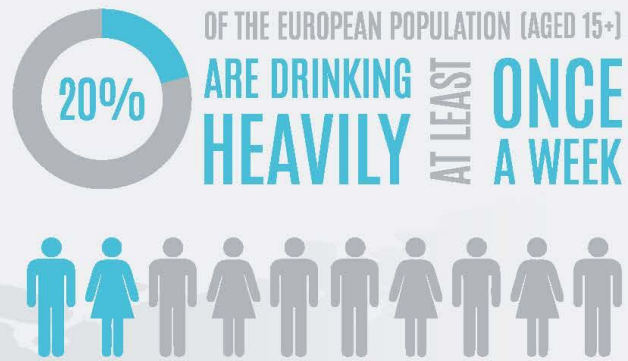
Lifestyle factors have a significant impact on digestive diseases. Alcohol consumption, in particular, is a risk factor in over 60 types of diseases, with **nearly 30% of deaths from gastrointestinal diseases directly attributed to alcohol.**


Digestive cancers, including esophagus, stomach, pancreas, liver, small bowel or colon cancer, affect both men and women and are the **leading cause of cancer related death in Europe.**

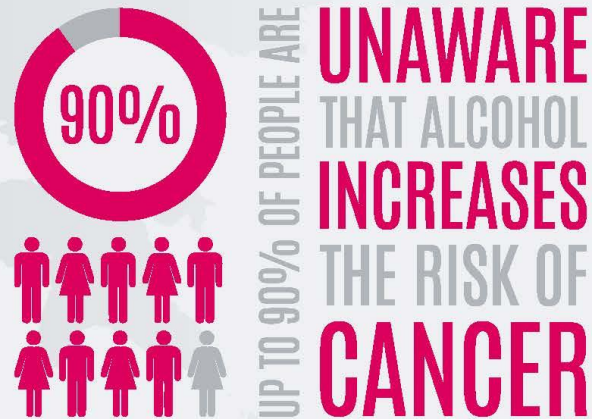
Evidence shows a **direct correlation between drinking culture and higher cancer risk**, with heavy episodic drinking being associated with a higher incidence of digestive cancers.

ALCOHOL & DIGESTIVE CANCERS

EUROPE HAS THE
HIGHEST
RATE OF
ALCOHOL
CONSUMPTION
PER CAPITA IN THE WORLD



EUROPE HAS THE
HIGHEST
PROPORTION OF TOTAL
ILL HEALTH &
PREMATURE DEATH
DUE TO ALCOHOL
IN THE WORLD 

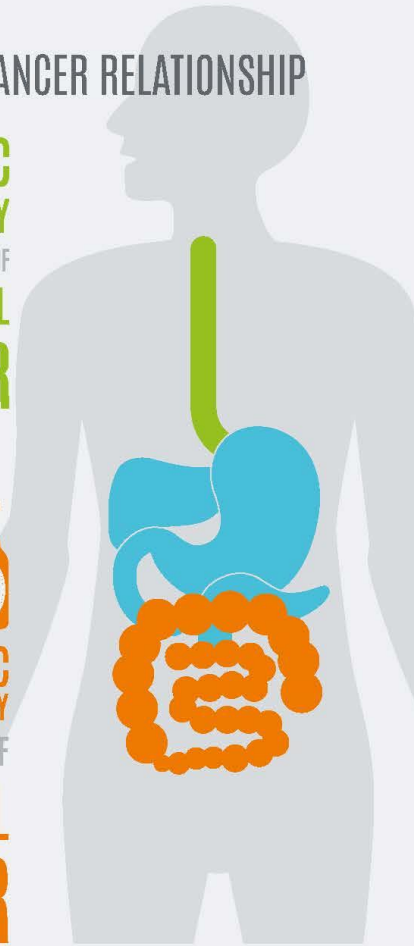


THE ALCOHOL-CANCER RELATIONSHIP

1 ALCOHOLIC
DRINK PER DAY
INCREASES THE RISK OF
OESOPHAGEAL
CANCER



1-4 ALCOHOLIC
DRINKS PER DAY
INCREASES THE RISK OF
COLORECTAL
CANCER



4 OR MORE
ALCOHOLIC
DRINKS PER DAY
INCREASES THE RISK OF

GASTRIC
PANCREATIC
&
LIVER
CANCER

Reducing the burden of alcohol consumption: Time for change

With even moderate drinking having a significant impact on increasing the risk of digestive cancers, it is **more vital than ever for government action and intervention to reduce the harmful use of alcohol.**

There needs to be a **shift in attitudes towards social drinking** to address the complacency concerning the negative effects of alcohol. Investment in public and primary care education campaigns is needed to **reduce the general lack of awareness** about the impact of even moderate regular drinking on digestive cancers.

Appropriate policy response has to be comprehensive: policies that increase the **price of alcohol**, reduce **availability**, improve the **publicity on the risks** and increase the **minimum age** to buy alcohol.