The Prevention possibilities from better treatment of Obesity

28 May 2021
Webinar
Jennifer L. Baker, Ph.D.
EASO Childhood Obesity Task Force Co-chair
Obesity is a chronic disease

More than 50% of European adults are living with overweight or obesity

Source: https://ourworldindata.org/obesity
Obesity and cancer prevention

- Obesity is an abnormal functioning or excess of adipose (fat) tissue
- Obesity is a chronic and relapsing disease that requires professional treatment
- Adipose tissue is biologically active
  - Growth hormones
  - Inflammation
  - Sex hormones
- Prevention must occur through an integrated health systems approach
  - Must occur across the lifecourse
Obesity is a gateway to cancer

If we prevent and treat obesity, we can prevent 13 forms of cancer

Far too many European adults and children are living with obesity

Obesity is an adiposity-based chronic disease (body composition) that increases the risk of certain cancers.

By preventing and treating obesity at all points across the lifecourse, we can prevent certain forms of cancer.

Take obesity seriously | Establish Obesity National Plans which are interoperable with other NCDs, including Cancer | Obesity accounts for over 230 complications including 20% of cancers if left untreated.

Contact information: Jennifer.lyn.baker@regionh.dk